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**UNITED STATES DISTRICT COURT
CENTRAL DISTRICT OF CALIFORNIA**

Case No. 8:15-CV-01374 (VEB)

THOMAS DIPIETRO

Plaintiff,

vs.

CAROLYN W. COLVIN, Acting
Commissioner of Social Security,

Defendant.

DECISION AND ORDER

I. INTRODUCTION

In May of 2013, Plaintiff Thomas Dipietro applied for Child's Disability Insurance Benefits and Supplemental Security Income ("SSI") benefits under the Social Security Act. The Commissioner of Social Security denied the applications. Plaintiff, represented by Charles & Harry Binder, LLP, James Sung Pi, Esq., of

1 counsel, commenced this action seeking judicial review of the Commissioner's
2 denial of benefits pursuant to 42 U.S.C. §§ 405 (g) and 1383 (c)(3).

3 The parties consented to the jurisdiction of a United States Magistrate Judge.
4 (Docket No. 8, 15). On April 4, 2016, this case was referred to the undersigned
5 pursuant to General Order 05-07. (Docket No. 17).

6 7 **II. BACKGROUND**

8 Plaintiff applied for benefits on May 24, 2013, alleging disability beginning
9 October 24, 1988, his date of birth. (T at 152-61).¹ The applications were denied
10 initially and on reconsideration. Plaintiff requested a hearing before an
11 Administrative Law Judge ("ALJ"). On November 19, 2013, a hearing was held
12 before ALJ John Kays. (T at 39). Plaintiff appeared with his attorney and testified.
13 (T at 43-58). The ALJ also received testimony from Kristen Cicero, a vocational
14 expert. (T at 59-60).

15 On January 27, 2014, the ALJ issued a written decision denying the
16 applications for benefits. (T at 20-38). The ALJ's decision became the
17 Commissioner's final decision on July 1, 2015, when the Appeals Council denied
18 Plaintiff's request for review. (T at 1-6).

19 ¹ Citations to ("T") refer to the administrative record at Docket No. 11.

1 On August 28, 2015, Plaintiff, acting by and through his counsel, filed this
2 action seeking judicial review of the Commissioner's decision. (Docket No. 1). The
3 Commissioner interposed an Answer on January 15, 2016. (Docket No. 10).
4 Plaintiff filed a supporting memorandum of law on February 16, 2016. (Docket No.
5 12). The Commissioner filed an opposition memorandum of law on March 15,
6 2016. (Docket No. 13). Plaintiff filed a Reply on March 30, 2016. (Docket No. 14).

7 After reviewing the pleadings, the memoranda of law, and administrative
8 record, this Court finds that the Commissioner's decision must be reversed and this
9 case remanded for calculation of benefits.

10 11 **III. DISCUSSION**

12 **A. Sequential Evaluation Process**

13 The Social Security Act ("the Act") defines disability as the "inability to
14 engage in any substantial gainful activity by reason of any medically determinable
15 physical or mental impairment which can be expected to result in death or which has
16 lasted or can be expected to last for a continuous period of not less than twelve
17 months." 42 U.S.C. §§ 423(d)(1)(A), 1382c(a)(3)(A). The Act also provides that a
18 claimant shall be determined to be under a disability only if any impairments are of
19 such severity that he or she is not only unable to do previous work but cannot,

1 considering his or her age, education and work experiences, engage in any other
2 substantial work which exists in the national economy. 42 U.S.C. §§ 423(d)(2)(A),
3 1382c(a)(3)(B). Thus, the definition of disability consists of both medical and
4 vocational components. *Edlund v. Massanari*, 253 F.3d 1152, 1156 (9th Cir. 2001).

5 The Commissioner has established a five-step sequential evaluation process
6 for determining whether a person is disabled. 20 C.F.R. §§ 404.1520, 416.920. Step
7 one determines if the person is engaged in substantial gainful activities. If so,
8 benefits are denied. 20 C.F.R. §§ 404.1520(a)(4)(i), 416.920(a)(4)(i). If not, the
9 decision maker proceeds to step two, which determines whether the claimant has a
10 medially severe impairment or combination of impairments. 20 C.F.R. §§
11 404.1520(a)(4)(ii), 416.920(a)(4)(ii).

12 If the claimant does not have a severe impairment or combination of
13 impairments, the disability claim is denied. If the impairment is severe, the
14 evaluation proceeds to the third step, which compares the claimant's impairment(s)
15 with a number of listed impairments acknowledged by the Commissioner to be so
16 severe as to preclude substantial gainful activity. 20 C.F.R. §§ 404.1520(a)(4)(iii),
17 416.920(a)(4)(iii); 20 C.F.R. § 404 Subpt. P App. 1. If the impairment meets or
18 equals one of the listed impairments, the claimant is conclusively presumed to be
19 disabled. If the impairment is not one conclusively presumed to be disabling, the

1 evaluation proceeds to the fourth step, which determines whether the impairment
2 prevents the claimant from performing work which was performed in the past. If the
3 claimant is able to perform previous work, he or she is deemed not disabled. 20
4 C.F.R. §§ 404.1520(a)(4)(iv), 416.920(a)(4)(iv). At this step, the claimant's residual
5 functional capacity (RFC) is considered. If the claimant cannot perform past relevant
6 work, the fifth and final step in the process determines whether he or she is able to
7 perform other work in the national economy in view of his or her residual functional
8 capacity, age, education, and past work experience. 20 C.F.R. §§ 404.1520(a)(4)(v),
9 416.920(a)(4)(v); *Bowen v. Yuckert*, 482 U.S. 137 (1987).

10 The initial burden of proof rests upon the claimant to establish a *prima facie*
11 case of entitlement to disability benefits. *Rhinehart v. Finch*, 438 F.2d 920, 921 (9th
12 Cir. 1971); *Meanel v. Apfel*, 172 F.3d 1111, 1113 (9th Cir. 1999). The initial burden
13 is met once the claimant establishes that a mental or physical impairment prevents
14 the performance of previous work. The burden then shifts, at step five, to the
15 Commissioner to show that (1) plaintiff can perform other substantial gainful
16 activity and (2) a "significant number of jobs exist in the national economy" that the
17 claimant can perform. *Kail v. Heckler*, 722 F.2d 1496, 1498 (9th Cir. 1984).

1 Because Plaintiff is over 18 years old and seeks child's benefits under the
2 Social Security Act, he must also establish that his disability began before he
3 attained the age of 22. *See* 20 CFR § 404.350 (a)(5).

4 **B. Standard of Review**

5 Congress has provided a limited scope of judicial review of a Commissioner's
6 decision. 42 U.S.C. § 405(g). A Court must uphold a Commissioner's decision,
7 made through an ALJ, when the determination is not based on legal error and is
8 supported by substantial evidence. *See Jones v. Heckler*, 760 F.2d 993, 995 (9th Cir.
9 1985); *Tackett v. Apfel*, 180 F.3d 1094, 1097 (9th Cir. 1999).

10 "The [Commissioner's] determination that a plaintiff is not disabled will be
11 upheld if the findings of fact are supported by substantial evidence." *Delgado v.*
12 *Heckler*, 722 F.2d 570, 572 (9th Cir. 1983)(citing 42 U.S.C. § 405(g)). Substantial
13 evidence is more than a mere scintilla, *Sorenson v. Weinberger*, 514 F.2d 1112, 1119
14 n 10 (9th Cir. 1975), but less than a preponderance. *McAllister v. Sullivan*, 888 F.2d
15 599, 601-02 (9th Cir. 1989). Substantial evidence "means such evidence as a
16 reasonable mind might accept as adequate to support a conclusion." *Richardson v.*
17 *Perales*, 402 U.S. 389, 401 (1971)(citations omitted). "[S]uch inferences and
18 conclusions as the [Commissioner] may reasonably draw from the evidence" will
19 also be upheld. *Mark v. Celebreeze*, 348 F.2d 289, 293 (9th Cir. 1965). On review,

1 the Court considers the record as a whole, not just the evidence supporting the
2 decision of the Commissioner. *Weetman v. Sullivan*, 877 F.2d 20, 22 (9th Cir.
3 1989)(quoting *Kornock v. Harris*, 648 F.2d 525, 526 (9th Cir. 1980)).

4 It is the role of the Commissioner, not this Court, to resolve conflicts in
5 evidence. *Richardson*, 402 U.S. at 400. If evidence supports more than one rational
6 interpretation, the Court may not substitute its judgment for that of the
7 Commissioner. *Tackett*, 180 F.3d at 1097; *Allen v. Heckler*, 749 F.2d 577, 579 (9th
8 Cir. 1984). Nevertheless, a decision supported by substantial evidence will still be
9 set aside if the proper legal standards were not applied in weighing the evidence and
10 making the decision. *Browner v. Secretary of Health and Human Services*, 839 F.2d
11 432, 433 (9th Cir. 1987). Thus, if there is substantial evidence to support the
12 administrative findings, or if there is conflicting evidence that will support a finding
13 of either disability or non-disability, the finding of the Commissioner is conclusive.
14 *Sprague v. Bowen*, 812 F.2d 1226, 1229-30 (9th Cir. 1987).

15 **C. Commissioner's Decision**

16 The ALJ determined that Plaintiff had not engaged in substantial gainful
17 activity since October 4, 1988 (the alleged onset date) and had not attained the age
18 of 22 as of the alleged onset date (which, in fact, is Plaintiff's date of birth). (T at
19 25). The ALJ found that Plaintiff's attention deficit hyperactivity disorder (ADHD),

1 obsessive compulsive disorder (OCD) and Asperser's Syndrome were "severe"
2 impairments under the Act. (Tr. 25).

3 However, the ALJ concluded that Plaintiff did not have an impairment or
4 combination of impairments that met or medically equaled one of the impairments
5 set forth in the Listings. (T at 26).

6 The ALJ determined that Plaintiff retained the residual functional capacity
7 ("RFC") to perform a full range of work at all exertional levels, except that we was
8 limited to simple repetitive tasks, no high production quotes, only occasional
9 interaction with supervisors and co-workers, and no public contact. (T at 28).

10 The ALJ found that Plaintiff had no past relevant work. (T at 33).
11 Considering Plaintiff's age, education (at least high school), work experience, and
12 residual functional capacity, the ALJ determined that there were jobs that exist in
13 significant numbers in the national economy that Plaintiff can perform. (T at 34).

14 As such, the ALJ found that Plaintiff was not entitled to benefits under the
15 Social Security Act from October 24, 1988 (the alleged onset date) through January
16 27, 2014 (the date of the ALJ's decision). (T at 35). As noted above, the ALJ's
17 decision became the Commissioner's final decision when the Appeals Council
18 denied Plaintiff's request for review. (T at 1-6).

1 **D. Disputed Issues**

2 Plaintiff offers two (2) arguments in support of his claim that the
3 Commissioner's decision should be reversed. First, he contends that the ALJ did not
4 properly weigh the medical opinion evidence. Second, Plaintiff challenges the
5 ALJ's credibility determination. This Court will address both arguments in turn.

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7 **IV. ANALYSIS**

8 **A. Medical Opinion Evidence**

9 In disability proceedings, a treating physician's opinion carries more weight
10 than an examining physician's opinion, and an examining physician's opinion is
11 given more weight than that of a non-examining physician. *Benecke v. Barnhart*,
12 379 F.3d 587, 592 (9th Cir. 2004); *Lester v. Chater*, 81 F.3d 821, 830 (9th Cir.
13 1995). If the treating or examining physician's opinions are not contradicted, they
14 can be rejected only with clear and convincing reasons. *Lester*, 81 F.3d at 830. If
15 contradicted, the opinion can only be rejected for "specific" and "legitimate" reasons
16 that are supported by substantial evidence in the record. *Andrews v. Shalala*, 53 F.3d
17 1035, 1043 (9th Cir. 1995).

18 The courts have recognized several types of evidence that may constitute a
19 specific, legitimate reason for discounting a treating or examining physician's

1 medical opinion. For example, an opinion may be discounted if it is contradicted by
2 the medical evidence, inconsistent with a conservative treatment history, and/or is
3 based primarily upon the claimant's subjective complaints, as opposed to clinical
4 findings and objective observations. *See Flaten v. Secretary of Health and Human*
5 *Servs.*, 44 F.3d 1453, 1463-64 (9th Cir. 1995).

6 An ALJ satisfies the "substantial evidence" requirement by "setting out a
7 detailed and thorough summary of the facts and conflicting clinical evidence, stating
8 his interpretation thereof, and making findings." *Garrison v. Colvin*, 759 F.3d 995,
9 1012 (9th Cir. 2014)(quoting *Reddick v. Chater*, 157 F.3d 715, 725 (9th Cir. 1998)).
10 "The ALJ must do more than state conclusions. He must set forth his own
11 interpretations and explain why they, rather than the doctors', are correct." *Id.*

12 In this case, the record contains several assessments from treating and
13 examining providers. This Court will summarize each assessment and then discuss
14 the ALJ's consideration of those assessments.

15 **1. Dr. Allyn**

16 On November 26, 2012, Dr. David Allyn, Plaintiff's treating physician,
17 prepared a letter in which he advised that he was treating Plaintiff for pervasive
18 developmental disorder NOS and other psychiatric conditions. Dr. Allyn opined
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1 that, due to the severity of Plaintiff's condition, he is "unable to work, be self-
2 supportive, or live independently, and qualifies for disability benefits." (T at 412).

3 The ALJ gave "little weight" to this opinion, finding it contradicted by the
4 "conservative, routine" treatment history and the assessments of the consultative
5 examiners and non-examining State Agency review consultants. (T at 32).

6 **2. Dr. Lane**

7 In September of 2012, Dr. Lewis Lane, Plaintiff's treating psychiatrist, wrote
8 a short note, wherein he expressed his support of Plaintiff's application for disability
9 benefits. (T at 403).

10 In October of 2012, Dr. Lane completed a psychiatric/psychological
11 questionnaire, when he reported treating Plaintiff since September of 2005. Dr.
12 Lane diagnosed Asperser's disorder, OCD, and ADHD. (T at 337). He assigned a
13 Global Assessment of Functioning ("GAF") score² of 35 (T at 337). "A GAF score
14 of 31-40 indicates some impairment in reality testing or communication (e.g., speech
15 is at times illogical, obscure, or irrelevant) or major impairment in several areas such
16 as work or school, family relations, judgment, thinking or mood." *Tagin v. Astrue*,

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19 ² "A GAF score is a rough estimate of an individual's psychological, social, and occupational functioning used to
reflect the individual's need for treatment." *Vargas v. Lambert*, 159 F.3d 1161, 1164 n.2 (9th Cir. 1998).

1 No. 11-cv-05120, 2011 U.S. Dist. LEXIS 136237 at *8 n.1 (W.D.Wa. Nov. 28,
2 2011)(citations omitted).

3 Dr. Lane described Plaintiff's symptoms as worry, rumination, anxious mood,
4 lability, emotional oddities of thought, compulsive rituals, and persistent irrational
5 fears. Dr. Lane reported that these symptoms occur on a daily basis and are severe in
6 nature. (T at 340). Dr. Lane assessed marked limitation with regard to Plaintiff's
7 ability to remember locations and work-like procedures and mild limitation as to his
8 ability to remember and understand one or two step instructions. (T at 341). He
9 opined that Plaintiff would have moderate limitation with respect to carrying out
10 simple, one or two step instructions; marked limitation with regard to maintaining
11 attention and concentration for extended periods; and marked limitation as to
12 sustaining an ordinary routine without supervision, performing activities within a
13 schedule, maintaining regular attendance, and being punctual within customary
14 tolerance. (T at 341).

15 Dr. Lane also found marked limitation as to Plaintiff's ability to work in
16 coordination with or proximity to others without being unduly distracted by them,
17 make simple work-related decisions, and complete a normal workweek without
18 interruptions from psychologically based symptoms and perform at a consistent pace
19 without an unreasonable number and period of rest periods. (T at 341-42). Dr. Lane

1 assessed marked limitation as to all aspects of Plaintiff's social interaction skills and
2 ability to adapt to the work environment. (T at 342, 344).

3 Dr. Lane noted that Plaintiff's mood shifts quickly, leading to temper/impulse
4 control issues. (T at 344). He opined that Plaintiff was not a malingerer and was not
5 capable of even "low stress" work. (T at 346). Dr. Lane concluded that Plaintiff's
6 impairment began at age 4 and prevented him from working. (T at 348).

7 The ALJ gave "little weight" to Dr. Lane's opinion, finding it inconsistent
8 with the "conservative, routine" treatment history and the assessments of the
9 consultative examiners and non-examining State Agency review consultants. (T at
10 32).

11 **3. Dr. Carlin**

12 In July of 2012, Dr. Lorna Carlin performed a consultative psychiatric
13 evaluation. Dr. Carlin noted that Plaintiff was single and living with his father and
14 sister. (T at 325). Plaintiff completed high school (with special education classes)
15 and attended community college. (T at 326). Dr. Carlin described Plaintiff as
16 cooperative, with no obvious psychomotor agitation. He appeared genuine and
17 truthful, with no evidence of exaggeration or manipulation; his thought processes
18 were coherent and organized; his affect was appropriate; tests of memory and
19 concentration were normal; insight and judgment appeared to be intact. (T at 328).

1 Dr. Carlin diagnosed ADHD, OCD, Asperser's syndrome, and selachophobia
2 (fear of sharks). She assigned a GAF score of 65 (T at 329). "A GAF of 61-70
3 indicates '[s]ome mild symptoms (e.g., depressed mood and mild insomnia) or some
4 difficulty in social, occupational, or school functioning (e.g., occasional truancy, or
5 theft within the household), but generally functioning pretty well, has some
6 meaningful interpersonal relationships.'" *Tagger v. Astrue*, 536 F. Supp. 2d 1170,
7 1174 n.8 (C.D. Cal. 2008).

8 Dr. Carlin opined that Plaintiff could understand, remember, and carry out
9 simple one or two step directions, as well as detailed and complex commands. (T at
10 329). She assessed mild limitation with regard to Plaintiff's ability to relate and
11 interact with co-workers and the public; mild-to-moderate limitation as to Plaintiff's
12 ability to maintain concentration, attention, persistence, and pace; no significant
13 limitation with regard to accepting instructions or performing work activities without
14 special or additional supervision; and moderate limitation with respect to
15 maintaining regular attendance in the workplace and performing work activities on a
16 consistent basis. (T at 330).

17 Dr. Carlin concluded that Plaintiff's ability to maintain attendance and
18 perform work activities would "depend largely on the type of workplace and the
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1 level of stress.” (T at 330). She also noted that Plaintiff’s phobias and behaviors
2 “may create issues in a workplace.” (T at 330).

3 The ALJ afforded “great weight” to Dr. Carlin’s opinion, noting that Dr.
4 Carlin is Board certified in psychiatry and neurology and is familiar with Social
5 Security disability guidelines. The ALJ found Dr. Carlin’s opinion consistent with
6 the overall medical record. (T at 31).

7 **4. Dr. Silva**

8 Dr. Delia Silva performed a consultative examination in November of 2013.
9 She diagnosed autistic disorder, OCD, panic disorder without agoraphobia, and
10 social phobia, generalized. (T at 450). She assigned a GAF of 35, which (as noted
11 above) is indicative of major impairment. (T at 450). Dr. Silva described Plaintiff’s
12 prognosis as “poor.” (T at 452). She assessed mild limitation as to Plaintiff’s ability
13 to remember locations and work-like procedures; no limitation with regard to
14 carrying out simple one or two-step instructions; and moderate limitation as to
15 maintaining attention and concentration for extended periods. (T at 455).

16 Dr. Silva opined that Plaintiff would have marked limitation with respect to
17 performing activities within a schedule, maintaining regular attendance, being
18 punctual within customary tolerances, sustaining an ordinary routine without
19 supervisions, and working in coordination with or proximity to others without being

1 unduly distracted by them. (T at 455). She also assessed marked limitation with
2 regard to making simple work-related decisions, completing a normal workweek
3 without interruptions from psychologically-based symptoms, and performing at a
4 consistent pace without an unreasonable number and length of rest periods. (T at
5 456). Dr. Silva opined that Plaintiff would have marked limitation with respect to
6 his ability to respond appropriately to changes in the work setting. (T at 457).

7 Dr. Silva does not believe Plaintiff is a malingerer and concluded that he was
8 incapable of even “low stress” employment. (T at 458). She opined that he would
9 likely be absent from work more than 3 times per month due to his impairments or
10 treatment. (T at 459).

11 The ALJ gave “little weight” to Dr. Silva’s opinion. (T at 32). He found the
12 opinion inconsistent with the medical evidence. (T at 32). In addition, the ALJ
13 discounted Dr. Silva’s assessment because she was retained by Plaintiff’s counsel.
14 The ALJ dismissed Dr. Silva’s opinion, finding that the doctor “ha[d] an inherent
15 bias as a ‘hired gun.’” (Tat 33).

16 **5. Dr. McGee**

17 Dr. Halimah McGee performed a consultative examination in March of 2013.
18 Dr. McGee diagnosed ADHD, OCD, and Asperser’s Syndrome. (T at 419). Dr.
19 McGee opined that Plaintiff could learn a routine, repetitive skill, could function in a

1 regular job setting without additional behavioral controls, and could maintain regular
2 attendance. (T at 420). Dr. McGee also concluded that Plaintiff could maintain a
3 regular work schedule, adjust to change, and concentrate adequately. (T at 420). The
4 ALJ gave “great weight” to Dr. McGee’s opinion. (T at 31).

5 **6. State Agency Review Physicians**

6 Two non-examining State Agency review physicians (Dr. H. Amado and Dr.
7 H. Skopec) performed reviews and provided assessments in August 2012 and April
8 2013, respectively. Both opined that Plaintiff had moderate restriction with regard
9 to activities of daily living; maintaining social functioning; and maintaining
10 concentration, persistence, or pace. (T at 68, 81, 83-84). They found Plaintiff
11 limited to tasks involving simple instructions and concluded that he would need to
12 avoid intense or prolonged interpersonal interactions, but that he could adapt to
13 routine changes in the work setting. (T at 68-71, 84-85). The ALJ gave “great
14 weight” to these assessments, finding them consistent with the medical record. (T at
15 30).

16 **7. Discussion**

17 For the reasons that follow, this Court finds that the ALJ’s consideration of
18 the medical opinion evidence was materially flawed and not supported by substantial
19 evidence.

1 **a. “Conservative” Treatment**

2 The ALJ repeatedly discounted medical opinions, including assessments from
3 treating providers (Dr. Allyn and Dr. Lane), on the grounds that they were
4 inconsistent with the “conservative” treatment history.

5 Although this is generally a sufficient basis on which to discount a restrictive
6 opinion, that is not the case here. Plaintiff was seen approximately once a month
7 and treated with several medications, including lorazepam, clonazepam, and
8 citalopram. (T at 29).

9 In describing this treatment as “conservative,” the ALJ seems to suggest that
10 some additional interventions might have been expected if Plaintiff’s impairments
11 were as limiting as his treating providers’ believed. However, the ALJ did not
12 identify what additional treatment (i.e. beyond medication and counseling) he would
13 have expected Plaintiff to receive for his long-standing (and apparently life-long)
14 mental health impairments. This was error. The record indicates that Plaintiff’s
15 symptoms are relatively well-managed with medication, counseling, and family
16 support, but that, in the opinion of both treating providers and a consultative
17 examiner, Plaintiff could not meet the mental demands of work activity, in particular
18 with regard to managing work stress and maintaining a regular schedule. (T at 346,
19 312, 403, 458). The ALJ does not indicate what additional, alleged “more

1 aggressive” treatment would be expected under the circumstances. It was thus error
2 for the ALJ to characterize the treatment history as “conservative” and then discount
3 the opinions of treating providers on that basis. *See Perez v. Colvin*, No EDCV 14-
4 2626, 2016 U.S. Dist. LEXIS 44230, at *17 (C.D. Cal. Mar. 31, 2016)(“The ALJ
5 cannot fault Plaintiff for failing to pursue nonconservative treatment options if none
6 existed.”)(citing *Lapeirre-Gutt v. Astrue*, 382 F. App'x 662, 664 (9th Cir. 2010)).

7 **b. Non-Compliance with Treatment**

8 The ALJ noted that Plaintiff was occasionally non-compliant with
9 medications and inconsistent in seeking treatment. (T at 30). However, the ALJ
10 does not appear to have considered the fact that Plaintiff’s mental health
11 impairments themselves might have limited his ability to attend to and comply with
12 treatment. Indeed, “it is a questionable practice to chastise one with a mental
13 impairment for the exercise of poor judgment in seeking rehabilitation.” *Nguyen v.*
14 *Chater*, 100 F.3d 1462, 1465 (9th Cir.1996)(quoting *Blankenship v. Bowen*, 874
15 F.2d 1116, 1124 (6th Cir.1989)). In addition, as noted above, the ALJ does not
16 explain why more consistent treatment would have rendered Plaintiff capable of
17 performing work activities, including (in particular) managing stress.

1 **c. Wax and Wane of Symptoms**

2 The ALJ discounted the assessments from Dr. Allyn, Dr. Lane, and Dr. Silva
3 based on evidence that Plaintiff experienced some improvement in his symptoms
4 when he was compliant with his medication. (T at 29-30). However, the fact that
5 Plaintiff's symptoms improved to the point where he could perform basic activities
6 in a supportive setting (i.e. living with his father and sister) is of limited probative
7 value. Dr. Lane (a treating provider), Dr. Carlin (a consultative examiner), and Dr.
8 Silva (a consultative examiner) all expressed concern about Plaintiff's ability to
9 manage work stress and handle changes in a work setting. (T at 341-42, 330, 455-
10 59).

11 Individuals with chronic mental health problems “commonly have their lives
12 structured to minimize stress and reduce their signs and symptoms.” *Courneya v.*
13 *Colvin*, No. CV-12-5044, 2013 U.S. Dist. LEXIS 161332, at *13-14 (E.D.W.A.
14 Nov. 12, 2013)(quoting 20 C.F.R. Pt. 404, Subp't P, App. 1 § 12.00(D)).

15 Indeed, the Ninth Circuit has cautioned against relying too heavily on the
16 “wax and wane” of symptoms in the course of mental health treatment. *See Garrison*
17 *v. Colvin*, 759 F.3d 995, 1017 (9th Cir. 2014). “Cycles of improvement and
18 debilitating symptoms are a common occurrence, and in such circumstances it is
19 error for an ALJ to pick out a few isolated instances of improvement over a period of

1 months or years and to treat them as a basis for concluding a claimant is capable of
2 working.” *Id.*; see also *Holohan v. Massanari*, 246 F.3d 1195, 1205 (9th Cir. 2001)
3 (“[The treating physician's] statements must be read in context of the overall
4 diagnostic picture he draws. That a person who suffers from severe panic attacks,
5 anxiety, and depression makes some improvement does not mean that the person's
6 impairments no longer seriously affect her ability to function in a workplace.”).

7 In particular, the ALJ must interpret evidence of improvement “with an
8 awareness that improved functioning while being treated and while limiting
9 environmental stressors does not always mean that a claimant can function
10 effectively in a workplace.” *Id.*

11 Here, there is no indication the ALJ was mindful of these considerations. In
12 fact, the ALJ placed heavy emphasis on Plaintiff’s modest ability to function with
13 medication in the absence of work demands and stress. The ALJ erred by placing
14 such heavy reliance on this fact and by failing to exercise the caution mandated by
15 applicable Ninth Circuit case law.

16 **d. Dr. Silva**

17 The ALJ also erred in his consideration of Dr. Silva’s assessment, which
18 included a comprehensive review and summary of Plaintiff’s records, a mental status
19 examination, clinical testing, and detailed summary with recommendations. (T at

1 442-59). The ALJ dismissed Dr. Silva as an inherently biased “hired gun” because
2 she was retained by Plaintiff’s counsel. (T at 33). This was clear error. “The
3 purpose for which medical reports are obtained does not provide a legitimate basis
4 for rejecting them,” unless there is additional evidence demonstrating impropriety on
5 the part of the consulting physician; the ALJ identified no such evidence. *Lester v.*
6 *Chater*, 81 F.3d 821, 832 (9th Cir. 1995); *see also Reddick v. Chater*, 157 F.3d 715,
7 726 (9th Cir. 1998). Dr. Silva’s highly detailed assessment was also consistent with
8 the opinions of both treating providers (Dr. Allyn and Dr. Lane). This should have
9 been considered carefully before Dr. Silva’s assessment was dismissed as the
10 opinion of a “hired gun.”

11 **e. Dr. Carlin**

12 The ALJ erred in his consideration of Dr. Carlin’s assessment. Dr. Carlin (a
13 consultative examiner) generally concluded that Plaintiff could perform the mental
14 demands of basic work activity. However, Dr. Carlin also opined that Plaintiff’s
15 ability to maintain attendance and perform work activities would “depend largely on
16 the type of workplace and the level of stress.” (T at 330). She also noted that
17 Plaintiff’s phobias and behaviors “may create issues in a workplace.” (T at 330).

18 The ALJ afforded “great weight” to Dr. Carlin’s opinion (T at 31), but did not
19 incorporate the concerns she raised about Plaintiff’s ability to handle stress in the

1 RFC assessment; nor did the ALJ explain why he did not accept this aspect of the
2 consultative examiner's opinion.

3 This was a significant omission, given that Dr. Lane (a treating provider) and
4 Dr. Silva (another consultative examiner) both assessed significant limitations with
5 regard to Plaintiff's ability to handle work stress (T at 346, 458).

6 Stress is "highly individualized" and a person with a mental health
7 impairment "may have difficulty meeting the requirements of even so-called 'low-
8 stress' jobs." SSR 85-15. As such, the issue of stress must be carefully considered
9 and "[a]ny impairment-related limitations created by an individual's response to
10 demands of work . . . must be reflected in the RFC assessment." *Id.*; see also *Perkins*
11 *v. Astrue*, No. CV 12-0634, 2012 U.S. Dist. LEXIS 144871, at *5 (C.D.Ca. Oct. 5,
12 2012). Here, the ALJ failed to adequately address the concerns raised by the treating
13 psychiatrist and two consultative examiners regarding Plaintiff's ability to manage
14 work stress.

15 **f. Dr. Lane**

16 The ALJ was obliged to carefully consider the opinion of Dr. Lane, a
17 psychiatrist who had treated Plaintiff for nearly seven (7) years at the time of his
18 assessment. (T at 337). The ALJ offered the following reasons for giving little
19 weight to Dr. Lane's opinion: (1) Dr. Lane's opinion was "not consistent with the

1 medical ... record as a whole, which shows conservative, routine treatment with
2 medications;” (2) Dr. Lane’s opinion was contradicted by consultative examiner
3 findings; (3) Dr. Lane’s opinion was inconsistent with the findings of the non-
4 examining State Agency review consultants; and (4) Dr. Lane was not familiar with
5 the Social Security Administration’s precise disability guidelines. (T at 32).

6 These reasons were not sufficient. First, as discussed above, the ALJ’s
7 “conservative treatment” rationale was inadequate, particularly because it is not clear
8 what additional treatment Plaintiff would have been expected to receive for his
9 mental health impairments (beyond the counseling and medication management he
10 received).

11 Second, although Dr. Lane’s opinion was contradicted by one consultative
12 examiner’s assessment (Dr. McGee), it was consistent with the conclusions of Dr.
13 Silva, whose opinion the ALJ improperly dismissed (as discussed above).
14 Moreover, Dr. Lane opined that Plaintiff had “poor stress management skills” and
15 was incapable of even “low stress” work. (T at 346). Dr. Carlin, whose opinion the
16 ALJ afforded “great weight,” likewise expressed concern about Plaintiff’s ability to
17 manage stress. (T at 330). The ALJ discounted Dr. Lane’s opinion as inconsistent
18 with the consultative examiner opinions, but failed to address the support provided
19

1 by Dr. Carlin for the concerns Dr. Lane noted regarding Plaintiff's ability to manage
2 stress.

3 Third, although the non-examining State Agency review physicians rendered
4 opinions that contradicted Dr. Lane's assessment, this is not a sufficient reason for
5 rejecting the treating psychiatrist's conclusions. The rejection of an examining or
6 treating physician opinion based on the assessment of a non-examining medical
7 consultant may be proper, but only where there are sufficient reasons to reject the
8 treating/examining physician opinion independent of the non-examining physician's
9 opinion. *See e.g., Lester*, 81 F.3d at 831; *Roberts v. Shalala*, 66 F.3d 179 (9th Cir.
10 1995). As discussed above, the reasons cited by the ALJ for accepting the non-
11 treating physicians' opinions were not sufficient.

12 Fourth, the ALJ's finding that Dr. Lane was not familiar with Social Security
13 Administration's precise disability guidelines was not a sufficient basis on which to
14 discount the opinion. Even if Dr. Lane is not familiar with the disability guidelines,
15 he is undoubtedly familiar with Plaintiff, as their treating relationship lasted nearly
16 7 years. Moreover, there appears to be no question that Dr. Lane had sufficient
17 experience and qualifications to opine as to the nature and extent of Plaintiff's
18 mental health limitations. It is not clear why any alleged unfamiliarity Dr. Lane
19 might have regarding the technical aspects of Social Security guidelines would

1 provide any significant reason to discount his assessment of Plaintiff's work-related
2 functional limitations, particularly where that assessment is supported by the
3 opinions of another treating provider (Dr. Allyn) and a consultative examiner (Dr.
4 Silva).

5 In sum, the record contains a detailed assessment from a psychiatrist with a
6 lengthy treating history with the claimant. The assessment is supported by the
7 opinion of Plaintiff's treating physician (Dr. Allyn) and a consultative examiner (Dr.
8 Silva). The treating psychiatrist expressed serious concern about Plaintiff's ability
9 to manage stress; this concern was shared by another consultative examiner (Dr.
10 Carlin), whose opinion was given "great weight" by the ALJ. As discussed above,
11 the reasons provided by the ALJ for discounting Dr. Lane's opinion were
12 inadequate. Thus, the ALJ's assessment of the medical opinion evidence was flawed
13 and cannot be sustained.

14 **B. Credibility**

15 A claimant's subjective complaints concerning his or her limitations are an
16 important part of a disability claim. *Batson v. Comm'r of Soc. Sec. Admin.*, 359 F.3d
17 1190, 1195 (9th Cir. 2004)(citation omitted). The ALJ's findings with regard to the
18 claimant's credibility must be supported by specific cogent reasons. *Rashad v.*
19 *Sullivan*, 903 F.2d 1229, 1231 (9th Cir. 1990). Absent affirmative evidence of

1 malingering, the ALJ's reasons for rejecting the claimant's testimony must be "clear
2 and convincing." *Lester v. Chater*, 81 F.3d 821, 834 (9th Cir. 1995). "General
3 findings are insufficient: rather the ALJ must identify what testimony is not credible
4 and what evidence undermines the claimant's complaints." *Lester*, 81 F.3d at 834;
5 *Dodrill v. Shalala*, 12 F.3d 915, 918 (9th Cir. 1993).

6 However, subjective symptomatology by itself cannot be the basis for a
7 finding of disability. A claimant must present medical evidence or findings that the
8 existence of an underlying condition could reasonably be expected to produce the
9 symptomatology alleged. See 42 U.S.C. §§423(d)(5)(A), 1382c (a)(3)(A); 20 C.F.R.
10 § 404.1529(b), 416.929; SSR 96-7p.

11 In this case, Plaintiff testified as follows: At the time of the administrative
12 hearing, he was enrolled at Saddleback College, pursuing an Associate's degree. He
13 has never had a job. (T at 44). He was considering applying for a job at Wal-Mart.
14 (T at 45). He lives with his father and sister. (T at 45). His mother mentally abused
15 him. (T at 46). He is only able to take one class per semester and dropped that
16 course this semester. (T at 48-49). He interacts with his family members, a
17 classmate, and members of a Buddhist organization. (T at 51). He does not have a
18 driver's license. (T at 53). He has a hard time following directions; he can perform
19 simple instructions, but can mishear directions. (T at 53). He is very fearful of

1 sharks and experiences anxiety about sharks in unusual places, such as the shower.
2 (T at 55). He has thoughts and fears about the end of the human race. He uses
3 rituals to address his anxiety. (T at 57-58).

4 The ALJ concluded that Plaintiff's medically determinable impairments could
5 reasonably be expected to cause the alleged symptoms, but that his statements
6 concerning the intensity, persistence, and limiting effects of the symptoms were not
7 fully credible. (T at 29).

8 This Court finds that the ALJ's decision to discount Plaintiff's credibility is
9 not supported by substantial evidence. First, the ALJ cited Plaintiff's "conservative"
10 treatment history. This rationale fails for the reasons discussed above; namely, short
11 of psychiatric hospitalizations, it is not clear what additional treatment Plaintiff
12 should have received. Second, the ALJ found large "treatment gaps." However, as
13 noted above, "it is a questionable practice to chastise one with a mental impairment
14 for the exercise of poor judgment in seeking rehabilitation." *Nguyen v. Chater*, 100
15 F.3d 1462, 1465 (9th Cir.1996)(quoting *Blankenship v. Bowen*, 874 F.2d 1116, 1124
16 (6th Cir.1989)). Moreover, as discussed above, the record indicates that Plaintiff's
17 symptoms are relatively well-managed with medication, counseling, and family
18 support, but that Plaintiff cannot meet the mental demands of work activity, in
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20

1 particular with regard to managing work stress and maintaining a regular schedule.
2 (T at 346, 312, 403, 458).

3 Third, the ALJ noted that Plaintiff experienced some periods of relative
4 improvement with medication and could engage in some activities of daily living.
5 However, as noted above, the ALJ failed to account for the “wax and wane” of
6 psychiatric symptoms. This was a particularly significant omission because the
7 record contains several medical opinions (from treating and examining providers) to
8 the effect that Plaintiff would have difficulty managing work stress. (T at 330, 346,
9 458).

10 Indeed, recognizing that “disability claimants should not be penalized for
11 attempting to lead normal lives in the face of their limitations,” the Ninth Circuit has
12 held that “[o]nly if [her] level of activity were inconsistent with [a claimant’s]
13 claimed limitations would these activities have any bearing on [her] credibility.”
14 *Reddick v. Chater*, 157 F.3d 715, 722 (9th Cir. 1998)(citations omitted); *see also*
15 *Bjornson v. Astrue*, 671 F.3d 640, 647 (7th Cir. 2012)(“The critical differences
16 between activities of daily living and activities in a full-time job are that a person
17 has more flexibility in scheduling the former than the latter, can get help from other
18 persons . . . , and is not held to a minimum standard of performance, as she would be
19 by an employer. The failure to recognize these differences is a recurrent, and

1 deplorable, feature of opinions by administrative law judges in social security
2 disability cases.”)(cited with approval in *Garrison v. Colvin*, 759 F.3d 995, 1016
3 (9th Cir. 2014)).

4 Fourth, Plaintiff’s testimony regarding his limitations is supported by the
5 findings of two treating physicians and a consultative examiner (Dr. Allyn, Dr.
6 Silva, and Dr. Lane). (T at 342-44, 412, 455-57). In addition, Dr. Carlin, a
7 consultative examiner given “great weight” by the ALJ, also expressed concern
8 about Plaintiff’s ability to manage stress. (T at 330). As discussed above, the ALJ
9 did not properly weight these medical opinions, which further undermine the
10 decision to discount Plaintiff’s credibility.

11 **C. Remand**

12 In a case where the ALJ's determination is not supported by substantial
13 evidence or is tainted by legal error, the court may remand for additional
14 proceedings or an immediate award of benefits. Remand for additional proceedings
15 is proper where (1) outstanding issues must be resolved, and (2) it is not clear from
16 the record before the court that a claimant is disabled. *See Benecke v. Barnhart*, 379
17 F.3d 587, 593 (9th Cir. 2004).

18 In contrast, an award of benefits may be directed where the record has been
19 fully developed and where further administrative proceedings would serve no useful

1 purpose. *Smolen v. Chater*, 80 F.3d 1273, 1292 (9th Cir. 1996). Courts have
2 remanded for an award of benefits where (1) the ALJ has failed to provide legally
3 sufficient reasons for rejecting such evidence, (2) there are no outstanding issues that
4 must be resolved before a determination of disability can be made, and (3) it is clear
5 from the record that the ALJ would be required to find the claimant disabled were
6 such evidence credited. *Id.* (citing *Rodriguez v. Bowen*, 876 F.2d 759, 763 (9th
7 Cir.1989); *Swenson v. Sullivan*, 876 F.2d 683, 689 (9th Cir. 1989); *Varney v. Sec'y of*
8 *Health & Human Servs.*, 859 F.2d 1396, 1401 (9th Cir.1988)).

9 In the present case, both treating providers (Dr. Allyn and Dr. Lane) opined
10 that Plaintiff was unable to maintain employment. (T at 342-46, 412). Dr. Lane, a
11 treating psychiatrist with an extended treating relationship, assessed marked
12 limitations and an inability to handle even low stress work. (T at 342-46). These
13 assessments were supported by the detailed report and findings of Dr. Silva, a
14 consultative examiner. (T at 455-58). Dr. Calin, a consultative examiner given
15 “great weight” by the ALJ, expressed concern about Plaintiff’s ability to handle
16 stress. (T at 330). As discussed above, the ALJ failed to provide legally sufficient
17 reasons for discounting this evidence, which, if credited, clearly establish that
18 Plaintiff is disabled. Accordingly, this Court finds that a remand for calculation of
19 benefits is the appropriate remedy.

V. ORDERS

IT IS THEREFORE ORDERED that:

Judgment be entered REVERSING the Commissioner's decision and REMANDING this case for calculation of benefits; and

The Clerk of the Court shall file this Decision and Order, serve copies upon counsel for the parties, and CLOSE this case, without prejudice to a timely application for attorneys' fees.

DATED this 15th day of June, 2016,

/s/Victor E. Bianchini
VICTOR E. BIANCHINI
UNITED STATES MAGISTRATE JUDGE